

Medical Terminology
Medical Records Analysis
#10

Deer Summit Clinic
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Physician's Progress Notes

PATIENT: Kaylee A.
DATE: December 6, xxxx

- S: 20 y/o F states that she has been performing monthly breast self-exams, as she was previously instructed in this office. Yesterday, as she was examining her L breast, she noticed a lump in the lower, lateral aspect of the L breast. She states that the area of the lump is slightly uncomfortable in a vague sort of way. She reports that she is not sexually active and she is not using any type of contraception.
- O: T 98.7, P 76, R 15, BP 124/76.
This pt was seen in the office approximately six months ago for her yearly physical exam. No abnormalities were found, and her health was judged to be very good at that time. In particular, there were no palpable masses in her breasts and no external abnormalities of the breasts or nipples. We discussed breast self-examination and several other health-promoting measures appropriate for a young woman. We did a baseline mammogram at that time, and the mammography report showed normal breasts. Today's examination reveals a firm, non-movable 2.5 cm nodule in the five o'clock position, in the L lateral aspect of the L breast. There is a slight peau d'orange appearance of the skin over the nodule, but no edema, no lesions, and no erythema. Axillary lymph nodes are not palpably enlarged. R breast appears normal. ROS: findings unremarkable.
- A: 1. L breast mass.
2. R/O carcinoma of the breast.
- P: Mammogram today, with evaluation to be delivered to my office ASAP. Pt to RTC tomorrow. Will make further plans based on mammography findings.

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Answer the following questions based on the progress note above:

1. Where was the patient seen? Why did she see the doctor?
2. Describe the findings from the physical examination today.
3. What is the analysis?
4. Was any medication prescribed? What type of test will the patient have?
5. Why is it important that the patient have the test soon?